

TOWN OF LYNDEBOROUGH
Welfare Information/Local Resources

The following information is provided to help residents obtain any assistance of which he/she may be eligible. Further information is available from the New Hampshire Department of Health and Human Services website at <http://www.dhhs.nh.gov>

NH Division of Family Assistance

Food Stamp Program – provides monthly food stamps to low-income families and individuals to help them purchase a nutritionally adequate diet. Household size, income and asset levels, and certain non-financial criteria determine the monthly benefit allotment.

TANF/FAP – provides financial and medical assistance to one-parent families, or two-parent families in which one of the parents is disabled or unemployed.

Aid to the Permanently and Totally Disabled (APTD) – provides financial and medical assistance to persons who are permanently and totally disabled and are between the ages of 18 and 64.

Old Age Assistance (OAA) – provides financial and medical assistance to persons who are 65 years of age or older.

Aid to the Needy Blind (ANB) – provides financial and medical assistance to blind individuals who are unable to provide for themselves.

Medical Assistance (Medicaid) - In addition to the assistance programs listed above, Medicaid may be available to persons and families if they are, pregnant, poverty level children up to age 19, and/or children with severe disabilities. Medicaid may pay certain Medicare Premiums, co-insurance and deductibles for certain individuals if they are qualified Medicare beneficiaries or qualified disabled working individuals.

Child Day Care – Assists with payment for day care costs. To be eligible, individuals must meet income guidelines and be employed, attending school, in a training program, or actively seeking work.

CONTACT INFORMATION:

Keene District Office
809 Court Street
Keene, NH 03431-9940
Phone: 357-3510 or 1-800-624-9700

For Additional information on the Division of Family Assistance and their programs, call toll-free 1-800-852-3345 Ext: 4238. Office hours are Monday through Friday, 8:00 a.m. to 4:30 p.m.

Aids

National 24-Hour AIDS Hotline 1-800-342-2437

Alcohol/Substance Abuse Services

Alcoholics Anonymous 1-800-593-3330

Child Abuse & Neglect

NH Division of Child Youth and Family (DCYF) to report abuse and neglect during business hours 1-800-894-5533 - After hours call local police at 654-6535 or HELPLINE 1-800-852-3388.

Domestic Violence

Bridges: Domestic and Sexual Violence Support Services, PO Box 217, Nashua, NH 03061-0217, Phone 889-0858/883-9833 Milford Satellite Office: 672-9833 (will accept collect calls). www.bridgesnh.org

Toll Free Hotline for Domestic Violence: 1-866-644-3574

Toll Free Hotline for Sexual Assault: 1-800-277-5570

www.nhcadv.org

(teen web site) www.reachoutnh.org

Elders, Adults living with Disabilities (ServiceLink) - a statewide network of community-based resources dedicated to promoting the independence and well-being of anyone seeking information about aging issues. **Call toll free: 1-866-634-9412.**

<http://www.state.nh.us/servicelink/>

Especially for Children

NH Head Start – Head Start and Early Head Start offer pre-school education for 3-5 year olds and serviced to pre-natal mothers and children to age 3. Support includes Child Care, Nutrition, Health, Mental Health, Parenting Support, disability and Family Literacy. Southern NH Services Inc. Head Start 668-8010.

Food Pantries

Open Cupboard Pantry, Sacred Heart Church, 47 Maple Street, PO Box 111, Wilton, NH 03086. 654-6546/654-2635 (by appt.).

Heat and Fuel Assistance

Southern NH Services, PO Box 5040 Manchester, NH 03108
Milford Office: 673-0756

NH Office of Energy and Planning (603) 271-2155

Homeless Emergency Services

NH Helpline: All homeless emergencies and referral 24 hours a day, 7 days a week 1-800-852-3388 or 225-9000 www.NHHELPLINE.org

Division of Elderly and Adult Services: A social worker can help the individual/family find alternative housing, transportation, meals, homemaking. 1-800-351-1888

Veterans Administration: Referral resources for homeless Veterans 1-800-892-8384 or 624-4366 www.visn1.med.va.gov

Child and Family Services: Transitional Program for Homeless 18-21 years of age. Call 1-800-640-6486.

Homeless Social Detox Programs via NH Helpline: State-funded referrals for detoxification beds for the homeless 1-800-852-3388.

National Runaway Switchboard: Shelter referrals for teens, etc. 1-800-RUN-AWAY (1-800-786-2929)

Mental Health

Monadnock Family Services Immediate help with mental health crisis. 357-4400 – Keene (24 hours) or Peterborough 924-7236.